

Lunch Menu



Weeks commencing: 9th January, 30th January, 27th February, 19th March

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Main Courses	Pasta Bolognese Vegetable Bolognese (v)	Ashlyns Sausages Cheesy Bean Wrap (v)	Roast Beef & Yorkshire Pudding Roasted Vegetable Tart (v)	Chicken & Pasta Bake Vegetarian Chilli (v)	Breaded Cod Fish Fingers Cheese & Leek Flan (v)
	On the Side	Garlic Slice	Mashed Potatoes Peas & Carrots Savoury Cous Cous	Roast Potatoes Broccoli & Carrots Gravy	Mixed Salad Boiled Rice	Rustic Oven Chips Baked Beans
	Puddings	Jam Tart Cut Fresh Fruit Organic Fruit Yoghurt	Orange & Lemon Sponge & Custard Cut Fresh Fruit Organic Fruit Yoghurt	Chocolate Chip Cookie Cut Fresh Fruit Organic Fruit Yoghurt	Banana Loaf Cut Fresh Fruit Organic Fruit Yoghurt	Fruit Slice Cut Fresh Fruit Organic Fruit Yoghurt

Weeks commencing: 16th January, 6th February, 5th March, 26th March

Week 2	Main Courses	Cottage Pie Vegetable Cottage Pie (v)	Chicken Stir Fry Sweet Potato & Lentil Korma (v)	Roast Pork & Stuffing Vegetable Strudel (v)	Meatballs in Tomato Sauce Pasta in a Sweet Tomato Sauce (v)	Baked Battered Cod Fillet Pasta & Vegetable Bake (v)
	On the Side	Carrot & Swede Mash	Mixed Vegetable Noodles Turmeric Rice	Roast Potatoes Cauliflower Cabbage & Gravy	Pasta Shells	Oven Chips Peas Garlic Bread
	Puddings	Oat Crunchies Cut Fresh Fruit Organic Fruit Yoghurt	Chocolate Iced Sponge & Custard Cut Fresh Fruit Organic Fruit Yoghurt	Fruit Jelly Cut Fresh Fruit Organic Fruit Yoghurt	Bread & Butter Pudding Cut Fresh Fruit Organic Fruit Yoghurt	Homemade Flapjack Cut Fresh Fruit Organic Fruit Yoghurt

Weeks commencing: 23rd January, 20th February, 12th March

Week 3	Main Courses	Barbeque Pork Vegetable Goulash (v)	Minced Beef Pie Cheese & Potato Whirls (v)	Roast Chicken Thigh & Stuffing Potato & Baked Bean Pie (v)	Burger in a Bun Veggie Burger in a Bun (v)	Salmon Puff Cheese & Tomato Pizza (v)
	On the Side	Boiled Rice Peas & Sweetcorn	Mashed Potato Carrots & Broccoli	Roast Potatoes Roasted Winter Veg & Gravy	Potato Wedges Tomato & Cucumber Salad	New Potatoes Potato Wedges Peas & Sweetcorn
	Puddings	Mandarin Sponge Cut Fresh Fruit Organic Fruit Yoghurt	Viennese Tart Cut Fresh Fruit Organic Fruit Yoghurt	Fruity Rice Pudding Cut Fresh Fruit Organic Fruit Yoghurt	Fruit Crumble & Custard Cut Fresh Fruit Organic Fruit Yoghurt	Ice Cream Pots Cut Fresh Fruit Organic Fruit Yoghurt



Available Daily:
Salad Bar....
Freshly Baked Bread....
Jacket Potatoes with Filling
Fresh Water available

Visit www.ashlyns.co.uk
to find out more about catering in your school
or telephone us on 01277 890821

